## **HOW IT WORKS**

## Drop-In Coaching

Come and go as you please.



Singers in need of more flexibility can take advantage of the Drop-In Coaching model. This can include long-time studio members busy on tour, college students in need of a tune up, or hobbyists in search of the joy and fulfillment that voice training offers.

Drop-in sessions meet in the studio or online via Zoom at the scheduled time to work through your current voice needs. All lesson slots are 60 minutes long with 45-50 minutes of singing and 10-15 minutes of admin time dedicated to you. Traditional lesson time spent consists of:

- 10-15 minutes of vocalize (specified training exercises).
- 25-30 minutes of repertoire work (application of techniques, musicality, performance coaching, etc).
- 10-15 minutes post singing of my private admin time (emailing you sheet music, sending accompaniment tracks, note-taking, mental transition between students).

As drop-in students see me less frequently, practice, application, and preparation become that much more crucial for building and maintaining growth. We still decide on individualized training together, but student responsibilities are greater. They include:

- Clear purpose; why are you here today? What do we need to get done?
  - Email me goals and any necessary sheet music before the lesson.
- General 5-10 minute warm before we meet (lip buzzes, hums, straw slurs, etc).
- Plenty of practice and preparation in between drop-in sessions (number variant on amount of time between lessons).
- Accompaniment tracks if meeting via Zoom.
- Printed music and your own personal binder to hold it.
- Your mental presence in lessons. Life is crazy, I totally get it. Get the rest, eat the food, drink the water. We can do this!